

William Hunnis (d.1597)  
From: The poore Widowes Mite (1583)  
transposed up one tone

# Ah, helpless wretch

A solo, SAATB choir

William Mundy  
1539 - 1591

$\text{♩} = 90$

Alto

Treble Viol

Tenor Viol1

Tenor Viol2

Bass Viol1

Bass Viol2

Ah, help -less wretch, what shall I  
If heav'n and earth shall wit - ness

7

A.

do, or which way shall I go or run? The earth be wrays the heav'ns re -  
be, a - gainst my er - ring soul for sin, Un - time - ly birth a - las for

13

A.

cord the wick - ed-ness that I have done, Have mer - cy, Lord, for Christ thy Son,  
me a great deal bet - ter had it been than heav'n to loose and hell to win,

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2

19

S. Have mer - cy Lord, for Christ thy Son.  
Than heav'n to loose and hell to win.

A. Have mer - cy Lord, for Christ thy Son.  
Than heav'n to loose and hell to win.

A. Have mer - cy Lord for Christ thy Son. A - las where shall I suc - cour find,  
Than heav'n to loose and hell to win. Shall I des - pair, thou God for - bid,

T. Have mer - cy Lord, for Christ thy Son.  
Than heav'n to loose and hell to win.

B. Have mer - cy Lord, for Christ thy Son.  
Than heav'n to loose and hell to win.



25

A. both heav'n and earth doth me de - ny, So that un - to the heav'ns a - bove  
I know that mer - cy more is thine, Than if the sins of all the world

31

A.

I dare not once lift up mine eye, For I have sinned so grievous-  
 were knit and lin - ked un - to mine, Where-fore my soul do not re -

37

S.

A.

A.

T.

B.

I dare not once lift up mine eye, lift up mine eye, \_\_\_\_\_ for  
 Were knit and lin-ked un - to mine, where-fore my soul \_\_\_\_\_ where

I dare not one lift up mine eye, for I have sinned  
 Were knit and lin-ked un - to mine, where - fore my soul

ly, I dare not once lift up mine eye, for I have sinned so grie-vous - ly,  
 pine. Were knit and lin-ked un - to mine, where-fore my soul, do not re - pine,

I dare not once lift up mine eye, for I have sinned for I have  
 Were knit and lin-ked un - to mine, where-fore my soul where - fore my

I dare not once lift up mine eye \_\_\_\_\_ for I have sinned  
 Were knit and lin-ked un - to mine \_\_\_\_\_ where-fore my soul,

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4

42

♩ = 120

S. I have sinned so grievous - ly.  
fore my soul do not re - pine.

A. for I have sinned most grie-vous - ly.  
where-fore my soul do not re - pine.

A. for I have sinned so grie-vous - ly. Des-pise not then, most  
where - fore my soul do not re - pine.

T. sinned most grie - vous - ly.  
soul do not re - pine.

B. for I have sinned most grie-vous - ly.  
where - fore my soul do not re - pine.

♩ = 120

S. for I have sinned most grie-vous - ly.  
where - fore my soul do not re - pine.

A. for I have sinned most grie-vous - ly.  
where - fore my soul do not re - pine.

A. for I have sinned most grie-vous - ly.  
where - fore my soul do not re - pine.

T. for I have sinned most grie-vous - ly.  
where - fore my soul do not re - pine.

B. for I have sinned most grie-vous - ly.  
where - fore my soul do not re - pine.

47

S. Des-pise not then, most lo - ving Lord,

A. Des-pise not then, most lo - ving Lord,

A. lo - ving Lord, Des-pise not then, most lo - ving Lord, The form and i - mage of thy face,

T. Des-pise not then, most lo - ving Lord,

B. Des-pise not then, most lo - ving Lord,

S. Des-pise not then, most lo - ving Lord,

A. Des-pise not then, most lo - ving Lord,

A. lo - ving Lord, Des-pise not then, most lo - ving Lord, The form and i - mage of thy face,

T. Des-pise not then, most lo - ving Lord,

B. Des-pise not then, most lo - ving Lord,

52

S. The form and i - mage of thy face, which thou hast wrought

A. The form and i - mage of they face, which thou hast wrought

A. The form and i - mage of thy face, Which thou hast wrought and dear-ly bought which thou hast wrought

T. The form and i - mage of they face, which thou hast wrought

B. The form and i - mage of thy face, which thou hast wrought

56

S. and dear - ly bought, with mer - cy, great good -

A. and dear - ly bought, with mer - cy, great good -

A. and dear - ly bought, with mer - cy, great good -

T. and dear - ly bought, with mer - cy, great good - ness and grace, with mer - cy, great good -

B. and dear - ly bought, with mer - cy, great good -

B. and dear - ly bought, with mer - vy, great good -

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6

60

S. ness and grace, and grant me rest a -

A. ness and grace, and grant me rest a -

A. ness and grace, Ac - cept there - fore my hum - ble plaints, and grant me rest a -

T. ness and grace, and grant me rest a -

B. ness and grace, and grant me rest a -

64

♩ = 90

♩ = 60

S. mong thy saints, A - - - men, A - - - men.

A. - mong thy saints, A - - - men.

A. - mong thy saints. A - - - men.

T. - mong thy saints, A - - - men, A - - - men.

B. - mong thy saints, A - - - men, A - - - men.

♩ = 90

♩ = 60